

JAMES & ALEX DANCE STUDIOS WEEKLY ADULTS CLASSICAL CLASSES SCHEDULE

TIME	SAT	SUN	MON		TUE	WED		THU	FRI
12PM	BELLY DANCE	BALLET Intermediate							
1PM									
2PM									
3PM	SILK & MAT Stretch								
4PM		DANCE ON HEELS							
5PM	POLE DANCE	HIP HOP							
6PM		SHUFFLE			AERIAL HAMMOCK	POLE DANCE		AEREAL HAMMOCK	
7PM			ZUMBA		CONTEM- PORARY	ZUMBA	BELLY DANCE	BALLET IMPROVERS	SHUFFLE
8PM		AFROBEAT	BALLET Improvers	REGAETON	AFROBEAT	BALLET Intermediate	HIP HOP	AFROBEAT	
9PM								DANCE ON HEELS	

JAMES & ALEX DANCE STUDIOS WEEKLY ADULTS PROGRESSIVE LATIN CLASSES SCHEDULE

TIME	SAT	SUN	MON	TUE	WED	THU		FRI
4PM								
5PM	SALSA Beginners Level 1							
6PM	SALSA Improvers							
7PM	SALSA Absolute Beginners	BACHATA Beginners Level 1	SALSA Beginners Level 1		BACHATA Beginners Level 1		SALSA Improvers	
8PM	SALSA Intermediate	BACHATA Level 2	SALSA Intermediate	KIZOMBA Beginners	BACHATA Level 2	KIZOMBA Beginners		SALSA ON2 Intermediate
9PM	BACHATA Private Group	BACHATA Level 2.5		KIZOMBA Intermediate	BACHATA Level 2.5	KIZOMBA Intermediate	SALSA Absolute Beginners	

JAMES & ALEX DANCE STUDIOS WEEKLY KIDS SCHEDULE

TIME	SAT	SUN	MON	TUE	WED	THU	
1PM							
2PM							
3PM		HIP HOP 6 – 10 YRS					
4PM		HIP HOP 11+ YRS		BALLET 2 - 3 YRS			HIP HOP 6 – 10 YRS
5PM				BALLET 4 - 6 YRS		CONTEM- PORARY 8 + Yrs	HIP HOP 11+ YRS
6PM							