

Adult Group Class	Level	Day	Time
Bachata	Foundation Level 1	Sunday & Wednesday	7:00 PM
	Social Level 2	Sunday & Wednesday	8:00 PM
	Performance Level 3	Sunday	9:00 PM
Bachata Lady Styling	All Levels	Sunday	6:00 PM
L.A. Salsa	Level 1	Saturday	4:00 PM
		Thursday	7:00 PM
	Level 1.5	Saturday	5:00 PM
		Monday	7:00 PM
	Level 2	Saturday	6:00 PM
		Tuesday	7:00 PM
	Level 2.5	Saturday & Monday	8:00 PM
Level 3	Monday & Wednesday	9:00 PM	
Kizomba	Level 1 - Kizomba	Tuesday & Thursday	8:00 PM
	Level 2 - Kizomba Fusion	Thursday	9:00 PM
	Level 3 - Urban Kiz	Tuesday	9:00 PM
Ballet	Beginners & Improvers	Monday	7:00 PM
	Improvers	Thursday	7:00 PM
	Intermediate (90 mins)	Sunday	12:00 PM
	Intermediate (60 mins)	Wednesday	8:00 PM
Silk & Mat Stretch	All Levels	Sunday	1:30 PM
Contemporary	All Levels	Tuesday	7:00 PM
Hip Hop	All Levels	Tuesday	7:00 PM
		Sunday	5:00 PM
Shuffle	All Levels	Friday & Sunday	6:00 PM
Zumba	All Levels	Monday & Wednesday	7:00 PM
Belly Dance	All Levels	Thursday	7:00 PM
		Saturday	12:00PM
Afrobeats	All Levels	Sunday & Tuesday	8:00 PM
	Beginners	Thursday	8:00 PM
Pole Dance	All Levels	Saturday	5:00 PM
		Wednesday	7:00 PM
Aerial Hammock	All Levels	Tuesday & Friday	6:00 PM
Reggaeton	All Levels	Monday & Wednesday	6:00 PM
Burlesque/Dance on Heels	All Levels	Saturday	3:00 PM