

JAMES & ALEX DANCE STUDIOS - WEEKLY CLASSES SCHEDULE 2024

Time	Saturday			Sunday			Monday			Tuesday			Wednesday			Thursday			Friday			
	Studio-1	Studio-2	Studio-3	Studio-1	Studio-2	Studio-3	Studio-1	Studio-2	Studio-3	Studio-1	Studio-2	Studio-3	Studio-1	Studio-2	Studio-3	Studio-1	Studio-2	Studio-3	Studio-1	Studio-2	Studio-3	
09:00 AM - 09:30 AM		KIDS DANCE & DRAMA (Carla)																				
09:30 AM - 10:00 AM																						
10:00 AM - 10:30 AM				Anfisa																		
10:30 AM - 11:00 AM																						
11:00 AM - 11:30 AM																						
11:30 AM - 12:00 PM																						
12:00 PM - 12:30 PM	BELLY DANCE (M) All Levels			BALLET Intermediate																		
12:30 PM - 01:00 PM		BALLET PRIVATE Razan																				
01:00 PM - 01:30 PM																						
01:30 PM - 02:00 PM		BALLET PRIVATE Andrea			FIT & STRETCH All Levels			BALLET PRIVATE Andrea							BALLET PRIVATE Andrea							
02:00 PM - 02:30 PM																						
02:30 PM - 03:00 PM		PRIVATE Andrea						PRIVATE Andrea							PRIVATE Andrea							
03:00 PM - 03:30 PM																						
03:30 PM - 04:00 PM			SHUFFLE PRIVATE ADEEL																			
04:00 PM - 04:30 PM				Hip Hop 9+ Yrs	DANCE ON HEELS All Levels							BALLET 2-3 Yrs										
04:30 PM - 05:00 PM												BALLET 4-6 Yrs										
05:00 PM - 05:30 PM	SALSA Beg L 1.5			HIP HOP All Levels														CONTEMPORARY 6+ Yrs				
05:30 PM - 06:00 PM																						
06:00 PM - 06:30 PM	SALSA Beg L 2			BACHATA Ladies Styling	SHUFFLE All Levels			REGGAETON All Levels				AERIAL HAMMOCK All Levels			BELLY DANCE (M) All Levels	REGGAETON All Levels				SHUFFLE All Levels	AERIAL HAMMOCK All Levels	
06:30 PM - 07:00 PM																						
07:00 PM - 07:30 PM	REGGAETON All Levels	POLE FITNESS All Levels		BACHATA Level 1			BALLET Beg & Improvers	ZUMBA All Levels	SALSA Beg L 1.5	CONTEMPORARY All Levels	BALLET Intermediate	HIP HOP All Levels	BACHATA Level 1	ZUMBA All Levels	SHUFFLE PRIVATE ADEEL	BALLET Improvers	DANCE ON HEELS All Levels			BALLET Beginners		
07:30 PM - 08:00 PM																						
08:00 PM - 08:30 PM				BACHATA Level 2	AFRO BEATS All Levels	SALSA Absolute Beginners	SALSA Beg L2	BELLY DANCE (V) All Levels		KIZOMBA Level 1	AFRO BEATS All Levels		BACHATA Level 2		BALLET PRIVATE Ceylin	KIZOMBA Level 1	AFRO BEATS Beginners	SALSA Absolute Beginners	SG Studio Hire			
08:30 PM - 09:00 PM																						
09:00 PM - 09:30 PM				BACHATA Level 3			SALSA Level 3			KIZOMBA Level 1.5			BACHATA Level 3	SALSA Level 3		KIZOMBA Level 1.5	SG Studio Hire					
09:30 PM - 10:00 PM																						
10:00 PM - 10:30 PM																						
10:30 PM - 11:00 PM																						
							JADS Latin Social Night @ Hi5 Rooftop								JADS Latin Social Night @Atelier Marina							

Adult drop-in classes - require pre-registration

Adult progressing classes; require pre-registration - Salsa / Bachata / Kizomba Courses

* Pre-registration could be by Phone, or WhatsApp related group

Kids classes - require pre-registration